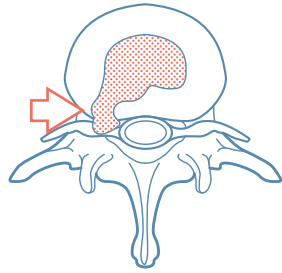


What is Lumbar Discectomy?

- ▶ Common spinal surgery in the lower back for leg pain caused by nerve compression. Usually due to a damaged disc. Sometimes this is referred to as a "slipped" disc.



- ▶ Procedure removes damaged disc to relieve the nerve pressure.

At a glance:



826
patients



48
Average age



38%
Female



62%
Male

Main symptoms:



95%
patients

reported leg pain as their main symptom.

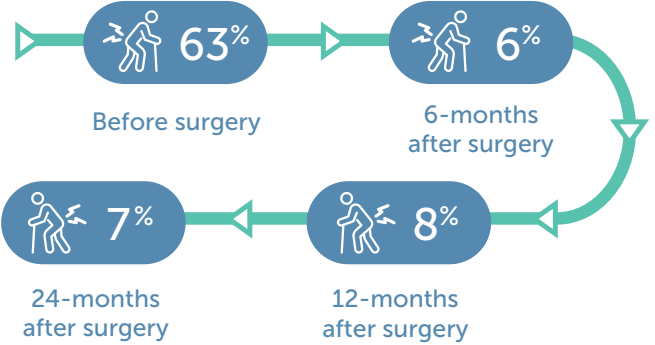
How we measure outcomes:

Oswestry Disability Index (ODI):



The ODI questionnaire measures how much back or leg pain limits a person's ability to perform daily activities.

Fewer patients with severe disability after surgery



Patients reported fewer difficulties with everyday activities — like walking, standing, lifting, and socialising after surgery.

EQ-5D-3L:



The questionnaire measures quality of life and a Visual Analogue Scale identifies the way in which patients perceive their general health.

86% Before surgery → **25%** 6-months post surgery

Reported some or extreme mobility problems

Visual Analogue Scales:



The EQ-VAS measures the way in which patients perceive their general health at a given time point out of 100. The higher the score, the better patients feel.

55 Before surgery → **80** 6-months post surgery

Average patient scores improved after surgery